

Masaj reflexogen Reflexogene massage

Reflexoterapia are drept scop reechilibrarea energiei vitale a organismului. Reflexoterapia este o stiinta practicata cu mii de ani in urma de catre popoarele egiptene, civilizatii maiase ori incase.

Un mijloc de relaxare al acestuia il constituie masajul reflexogen al piciorului. Efectul acestui tratament este o senzatie de lejeritate si de relaxare.

Se foloseste pentru: inlaturarea tensiunilor si a stresului, imbunatatirea circulatiei sanguine si a celei limfatice, recuierarea in cazul afectiunii anumitor organe, ca terapie alternativa sau complementare cu terapia clasica si deblocarea fluxurilor nervoase.

Reflexotherapy aims to rebalance the vital energy of the body. Reflexology is a science practiced thousands of years ago by Egyptian peoples, mayans or inka.

A mean of relaxing it is the reflexogenic massage of the foot. The effect of this treatment is a feeling of ease and relaxation.

It is used to: relieve tensions and stress, improve blood and lymph circulation, recovery in the case of certain organ diseases as alternative or complementary therapy with classical therapy and unblocking nerve fluxes.

50 min / 77 lei

Masaj anticelulitic Cellulite massage

Masajul anticelulitic are rolul de a stimula circulatia sangvina si limfatica locala, activand metabolismul pielii si de a indeparta depunerile adipoase.

De asemenea, duce la eliminarea toxinelor din tesuturi, redand pielii elasticitatea.

Trebuie stiut faptul ca masajul anticelulitic este eficient in masura in care gradul de profunzime si intensitate terapeutica este atins.

Cellulite massage is designed to stimulate local blood lymph circulation, activating skin metabolism and removing fat deposits.

It also helps eliminate toxins from the tissues and restore skin elasticity.

One should know that cellulite massage is effective to the extent that the depth and intensity required is achieved.

55 min / 97 lei

Masaj cu bete de bambus Bamboo stick massage

Masajul cu bete de bambus are origine asiatica. In cultura acestui popor, bambusul reprezenta longevitatea, fertilitatea si energia vitala. Studiile realizate arata ca prin folosirea acestor bete din bambus este imbunatatita circulatia fluidelor, temperatura corpului se regleaza, iar organismul se revitalizeaza in intregime.

Un tip de masaj are numeroase efecte: anticelulitic, tonifiant, tonic, detoxifiant si energizant.

Bamboo stick massage is of Asian origin. In the culture of people, bamboo signify longevity, fertility and vitality. Studies show that using these bamboo sticks improves fluid circulation, body temperature adjusts, and organism revitalizes completely.

This type of massage has many effects: anti-cellulite, toning, tonic, detoxifying and energizing.

55 min / 115 lei

Masaj de relaxare combinat (reflexoterapie+masaj suedez) Combined relaxation massage (Swedish massage and Reflexology)

Prin acest tip de masaj se faciliteaza circulatia sanguina si transportul toxinelor spre organele de eliminare sau detoxifiere.

Masarea zonelor reflexogene implica fisurarea cristalelor de toxine, a depunerilor pe care circulatia sanguina le va trimite spre organele de eliminare, imbunatatind starea de sanatate.

This type of massage facilitates blood circulation and also the toxins transport to the organs of elimination and detoxification.

Massaging reflex zones implies cracking crystal toxin deposits which blood circulation will send to the organs of elimination, improving health.

50 min / 92 lei

Masaj cu lumanari calde Massage with hot candles

Acest tip de masaj ofera o relaxare puternica datorita uleiului incalzit la o temperatura putin peste cea a corpului. Masajul va ofera atentie si rasfatul de care aveti nevoie. Masajul cu ceara imbunatateste circulatia sangelui, ajuta la detensionarea muschilor, echilibreaza sistemul nervos, calmandu-l sau relaxandu-l dupa caz, influenteaza organele interne prin stimularea vaselor de sange, relaxeaza, tonifica si imbunatateste aspectul general al pielii.

This type of massage offers a strong relaxation because of the oil which is heated at a temperature a little higher than the body temperature. This massage offers you the attention and the spoiling you are looking for. Wax massage improves blood circulation, loosens muscles, balances nervous system by calming or relaxing it, influences internal organs by stimulating blood vessels, relaxes, invigorates and improves the aspect of the skin.

50 min / 108 lei